



NATIONAL RESEARCH
UNIVERSITY



Faculty of Management Nizhny Novgorod
Organizational Psychology department

CAREER MOTIVATION OF RUSSIAN FEMALE BOXERS

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THE RESEARCH WAS REQUESTED BY "RUSSIAN BOXING FEDERATION"

- special regards to **Tatiana Kirienko**,
First Deputy General Secretary of FBR,
Chairman of the Council of Russian Boxing Veterans



**ФЕДЕРАЦИЯ
БОКСА РОССИИ**

"RUSSIAN BOXING FEDERATION" (RBF)

- popularizing boxing in Russia;
- comprehensive and harmonious personal development;
- healthy lifestyle promotion.



**ФЕДЕРАЦИЯ
БОКСА РОССИИ**

MANAGEMENT TEAM (FEMALE ATHLETES AND NON-ATHLETES)

- sports events, popularizing women's boxing;
 - authorities, business, media interaction;
 - documentation;
 - employee coordination.
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- developing women's boxing;
 - well-being improvement of female boxers' well-being.



**ФЕДЕРАЦИЯ
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OBJECTIVE

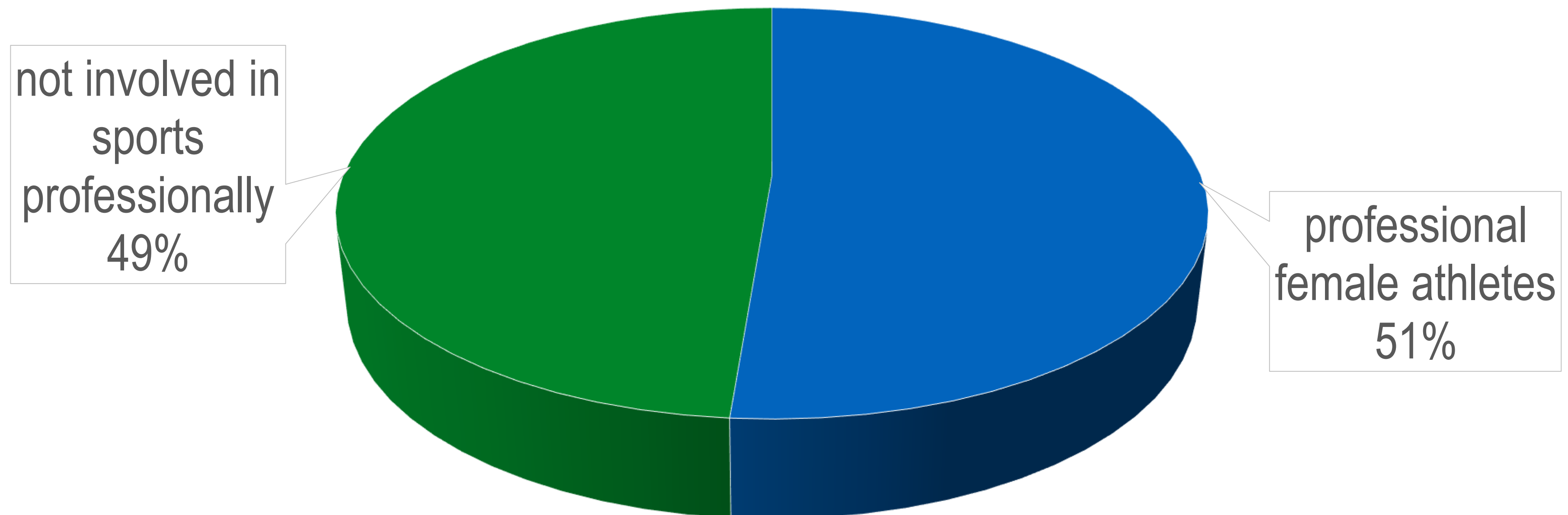
- to study the career motivation of female employees of the Russian Boxing Federation (RBF).

SELF-DETERMINATION THEORY (R. RYAN, E. DECI)

- intrinsic motivation
- extrinsic motivation
- autonomous motivation →
 - persistence;
 - emotional well-being;
 - organizational changes adoption.
- controlled motivation →
 - emotional exhaustion;
 - burnout;
 - low level of organizational commitment.

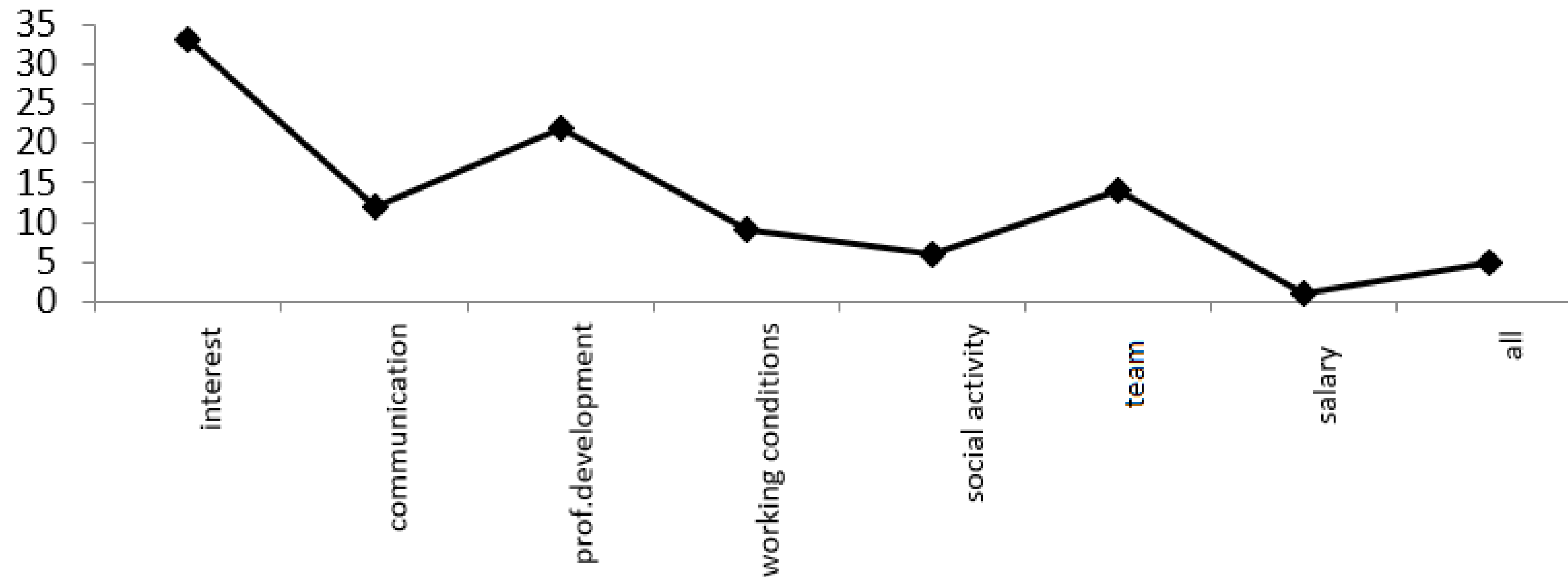
RESEARCH DESIGN

- Career Motivation Questionnaire (Deci, Ryan)
- Authors' questionnaire
- 39 women aged 23 to 59 (93% of all women working in the RBF).



PROFESSIONAL ACTIVITY MOTIVES ANALYSIS

- interest in activities (33%)
- professional development (22%)
- salary (1%)



CONCLUSIONS: MAIN MOTIVES

- the content and meaning of the performed activities;
- personal potential fulfillment;
- the material component does not really matter.

No	Names	M	SD
1	Intrinsic motivation	4,33	1,06
2	Integrated motivation	3,92	1,00
3	Identified motivation	3,73	1,02
4	Introjectional motivation	2,17	1,14
5	Extrinsic motivation	1,97	1,10
6	Amotivation	1,79	1,16
7	Autonomous motivation	11,99	2,90
8	Controlled motivation	5,94	3,20



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